

# SHASTA YOGA INSTITUTE 200-HOUR SHASTA YOGA TEACHER TRAINING /2020

## TUITION | PAYMENT SCHEDULE OPTIONS AND POLICIES

### PAYMENT SCHEDULE AND 3 PAYMENT OPTIONS

Registration for the Spring YTT at Balance Yoga Center in Redding extends through January 15, 2020 or until filled. *Space is limited so apply early!*

Tuition includes all 7 training weekends and a training manual.

#### Payment Schedule Options and Policies

To Secure Your Place, a \$400. deposit is due asap or January 15, 2020 & in addition:

- 1) **Single Payment:** \$2,700. due no later than February 1, 2020 (Total \$3,100.) or
- 2) **Two Payments:** One of \$1,400. due February 1, 2020 and one of \$1,400. due April 1, 2020 (Total \$3,200.) or
- 3) **Three Monthly Payments:** A payment of \$800. due February 1, 2020 plus 3 monthly payments of \$700. due on the 1 st of each month beginning March, 2019 through May 1, 2020 (Total \$3,300)

- I agree to Payment Schedule number \_\_\_\_\_. Enclosed is my check in the amount required by the Payment Schedule \_\_\_\_\_. OR, I paid on-line \_\_\_\_\_.
- I agree to provide the balance required not later than the dates set forth in the Payment Schedule.
- I further understand that if any payment is more than 15 days overdue, I will not be allowed to continue in the program until my tuition fees are made current.
- By signing this application, I acknowledge and agree to the Payment Schedule above and understand that if I am admitted to the program, my \$400. deposit will become non-refundable on January 15, 2020 and will be applied to my total tuition.
- I further understand that if I am admitted to the program, any payments made or received by or later than January 15, 2020 are non-refundable.

To be considered into the program you must complete, sign & submit with deposit/payment, both the Payment Schedule, Registration & Agreement Form and the YTT Application #1 & #2 below. Registration is complete upon receipt and acceptance of all registration/application forms and deposit.

I understand and agree to the above.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## 2020 REGISTRATION & AGREEMENT FORM

### YTT APPLICATION #1

**Deposit of \$400.** due January 15, 2020. Balance (or first payment) due February 1, 2020.

Make check payable to the "Shasta Yoga Institute". Enrollment is limited and will be assigned on a first come, first served basis, dependent on the order registration and payment is received. Print and mail signed Application and Agreement Form with payment, attention to Amy Cooper:

The Shasta Yoga Institute, P.O. Box 968, Mt. Shasta, CA. 96067

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ Age: \_\_\_\_\_

Emergency Contact. (Name & Tel. #): \_\_\_\_\_

### AGREEMENT TO TERMS

- I understand that, upon satisfying all of the requirements of the Shasta Yoga Teacher Training, I will receive a 200-Hour Yoga Shasta Yoga Teacher Certification and that the Shasta Yoga TT curriculum follows the criteria established by Yoga Alliance for certification at the 200-hour level.
- I further understand that, should I fail to meet all of the requirements for certification, I will "make up" the missed elements of the program upon approval of Training Program Director.
- I understand that, in the extremely unlikely circumstance that my participation be deemed destructive, inappropriate or unethical, in the sole discretion of the Shasta Yoga Teacher Training Program Director, I may be required to leave the program before its completion date and all amounts paid shall be forfeited.
- I further understand that all materials, written, created by the Shasta Yoga Training and provided to me in the course of this program, may not be copied, reproduced or distributed, in whole or in part, or by any means without written consent of the Shasta Yoga Teacher Training Program Director.

I understand and agree to the above.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### CANCELLATION | REFUND POLICY

If you are admitted to the program, any payments made or received on or later than January 15, 2020 are non-refundable. If application is returned to you due to over attendance or unfulfilled course requirements, you will be notified and your deposit will be refunded in full. If for some unlikely reason the training is canceled, a full refund will be given (including deposit and any tuition payments made) no later than March 1, 2020.

A minimum of 15 participants is required to hold the training. In the event that the training is canceled or postponed due to low enrollment, a full refund will be provided.

**Shasta Yoga TT APPLICATION #2 ~ 2020**

**Please use additional paper as necessary to thoughtfully complete.**

1. Write a brief but complete description of your Yoga experience, including the style(s) that you have practiced in the past, with who you have studied and when.

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2. Are you currently attending Yoga classes? If yes, tell where, with whom, how often, and what style(s) or approach of Yoga.

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3. Do you have a home practice? Please describe. How often, how long, and what do you currently practice?

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4. Are you working with any particular challenges, injuries, etc.? If so, what are they and how are you addressing them?

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5. What do you want to gain from this program? If you have specific wishes or areas of interest that you would like to explore, please explain. Please be specific.

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**Shasta Yoga TT APPLICATION #2 ~ 2020 ~ continued...**

6. Did you consider any other teacher training programs? Why did you pick this one? How did you hear about our program?

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7. Do you want to teach Yoga? Why or why not?

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8. A lot of energy arises and moves through this training process. Do you think you are capable of supporting yourself mentally and emotionally? Do you have any history of mental instability that might affect your ability to do this intensive training? Please explain.

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9. Do you have any additional comments or questions?

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